

RETIREMENT PLANNING

Successfully develop the retirement you deserve.

INTRODUCTION

Retiring from working life is one of the most difficult changes and transitions in one's life. With proper planning, the retirement phase could prove to be the most fulfilling and enriching phase of their lives. The main focus during retirement should be on being happy, healthy, and financially secure.

OUTCOMES

- Set realistic short and medium-term retirement goals.
- Make prudent decisions regarding financial planning.
- Continue to stay healthy given their new retirement lifestyle.
- Review current and future commitments that might impact their retirement life.

TARGET GROUPS

All levels

DURATION

3 days (7 hours / day)

MODULES

Module 1: Set Goals & Stay Sharp

Module 2: Spend Wisely

Module 3: Healthy Lifestyle

Module 4: Activate Your Life

Module 5: Financial Commitment

Module 6: Plan Your Future

